

My One Page Profile

Clémence Jamet



What People Appreciate about me

- Kind and Loyal
- Spontaneous and Fun
- Outgoing, Good listener
- Driven and Ambitious
- Strong work ethic

What's important to me

- To spend time with my husband Ciarán and having a date night once a week. It doesn't really matter what we are doing so long as we are having some fun and a meaningful chat.
- To spend time outdoors exploring nature, cycling, walking along rivers or cliffs.
- Having friendships and connecting with friends and family is really important to me. Because I am French and I live in Ireland, I rely on WhatsApp to stay in touch with my friends in London and France.
- To call my mum once a week on the phone to chat about what happened at home and update her about my life in Ireland.
- To work with colleagues that I can have a good chat with and fun together as well as growing ideas collectively.
- To feel a sense of accomplishment from my work. I fully commit myself to a project and take pride in doing my best so the feeling of successfully completing a piece of work really motivates me.

How Best to Support Me

- Remember that I love being social and enjoy working in an environment where we can have casual chats about our lives outside of work. Relationships are really important to me, so if I ever say or do anything that causes offense or upsets you please tell me straight away.
- When something is bothering me, I prefer to talk about it. If you think I am being off, support me by asking if I am ok or if I'd like a chat. I will really appreciate this.
- Because relationships are important to me, I love aspects of my job that involve networking or connecting with people.
- Remember that I love to learn and therefore receiving critical and positive feedback as often as possible is important to me. I'd much rather feedback in a straight forward way and knowing the areas that I can further grow and develop. I won't be hurt by your feedback.

