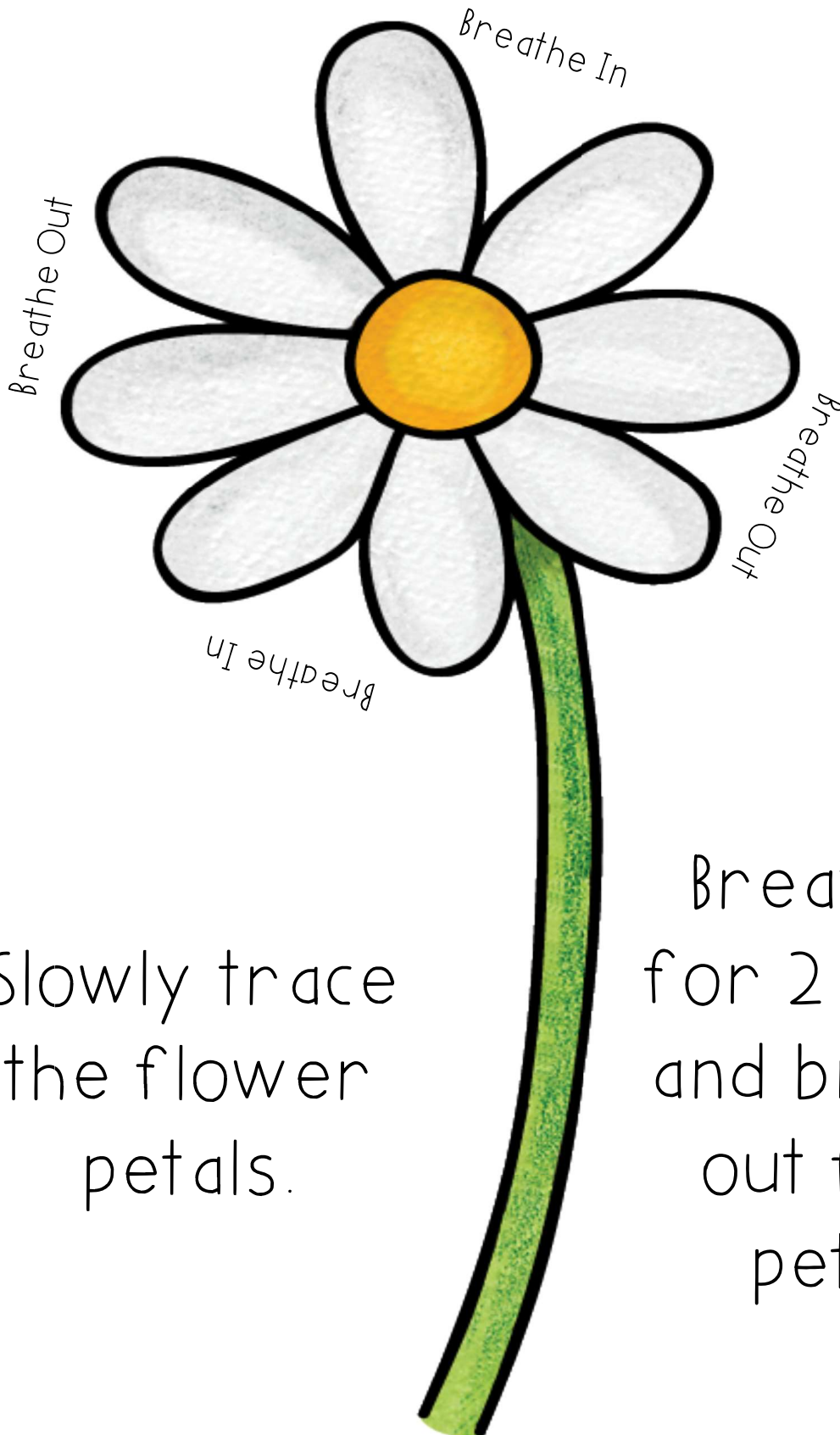


Flower Breathing



Slowly trace
the flower
petals.

Breathe in
for 2 petals,
and breathe
out for 2
petals.