

# My One Page Profile

Adrienne Power



## What People Appreciate about me

- Compassionate
- Non-judgemental
- Supportive
- Big-hearted & passionate
- Good humoured
- Up for a challenge

## What's important to me

- My Family are my priority, my husband Joe and our two children Sean (19) and Erika (15). Due to our busy lifestyle's, weekends we put aside time to catch up, whether it's a meal or walk with our three dogs, Tiny, Charlie and Zeena.
- I love to learn new things, one of my mottos is "every day is a school day". Through the course of my jobs I'm learning daily.
- Holidays are very important to me. I love to get away and learn about the culture and try new foods/ traditions, especially if it's a city break. A trip abroad once a year to a sunny beach gives me time to chill out recharge.

## How Best to Support Me

- Because I love to learn, I like receiving feedback both positive and negative. I will ask if I don't understand something and would expect this form of communication from peers too.
- I work better when I am in a quiet environment on my own.