

# My One Page profile



Shane Brannigan

## What people appreciate about me

Loyalty, kindness, sense of humour and adventure. Strong work ethic and a strong sense of morality and empathy.

## What is important to me

- My partner would probably be the most important person in my life. My flatmates, are also super important and close to me. Outside of that, my closest/most important friends would be a mix of people I've met from during & after college who live in the US and around Europe.
- I'm very close with my colleagues from my previous workplace
- When it comes to family, I'm close with my mom, sister and maternal grandparents, as well as my aunt, uncle and their two kids
- I like to relax by watching shows on Netflix (The Office is my favourite!), often with my flatmates
- On weekends, I usually go to Farmer's Market in Glasnevin, and spend the rest of the time bopping around charity and/or vintage shops. If I'm out of Dublin for a weekend, I'm probably in Kilkee, Co. Clare with my partner
- It's important to me to be a part of a friendly and light-hearted atmosphere at work. I like having a productive day while also having good craic with the people I'm working with
- I like to be a part of decision making and to have my voice heard. I always reciprocate in the same manner
- Open and honest communication combined with taking feedback onboard is the key to great workplace

## How to support me

I value good communication and prefer talking face to face or via phone. I like getting direct, clear and honest feedback. I don't do well with micromanagement or a lack of strategic direction.

Support me by communicating changes to me as soon as possible. If it's appropriate, involve me in any change management decisions/processes.

I'm frustrated by ignorance and/or people being unnecessarily rude. I've been told I have a very expressive face, so I think my mood is usually fairly obvious to those working with me.

To decompress in stressful situations, I like to take a minute to myself and sort my thoughts before going back and putting myself into my work.