



Blossom Ireland Summer Challenge

The Blossom Ireland Summer Challenge is a fundraising event happening all Summer.



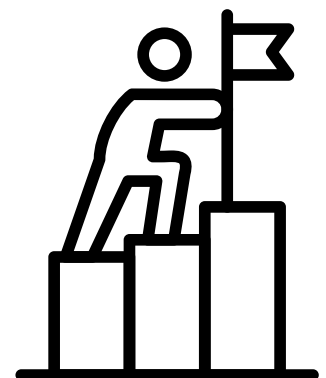
We are asking everyone to raise money for Blossom Ireland to help us continue growing.



It's easy to participate!



Each person doing the Challenge sets an exercise goal and then ask friends and family to donate.



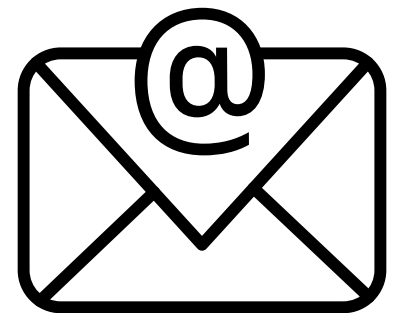
Some examples of a challenge can be to walk 10,000 steps a day for a week or to cycle 5k each week for a month.



Shane from the Blossom Ireland Team can help create a fundraising page online for you to collect donations.



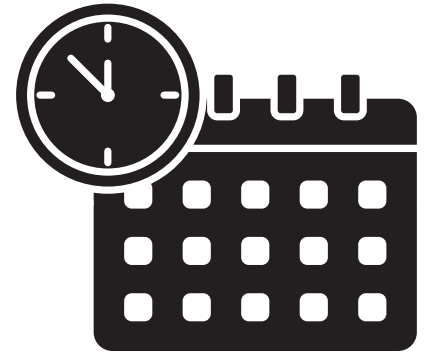
To get started, send Shane an e-mail at Shane@BlossomIreland.ie.



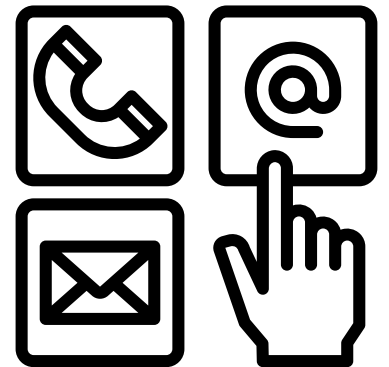
After that, you'll receive some t-shirts, posters and more in the post to help your fundraising.



You can do your challenge for as long as you want. It can be as short as a week or as long as two months!



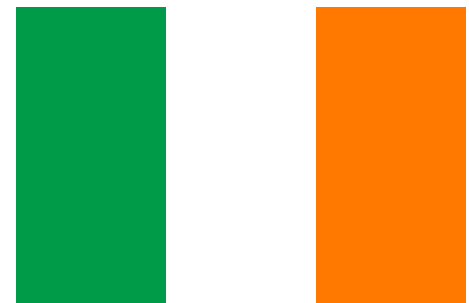
If you have any questions, please contact Shane at Shane@BlossomIreland.ie.



We're very excited to have our amazing Blossom participants involved in the Summer Challenge!



Your support will help young people with intellectual disabilities and their families all across Ireland!



**Contact:
Shane@BlossomIreland.ie**